

# **Specimen Collection Procedures**

# Respiratory Virus & Bacteria Panel - Nasopharyngeal Swab

- 1. Remove mucus from patient's nose.
- 2. Tilt patient's head back slightly. *Tip: Have patient sit w/ head against wall.*
- 3. Insert swab through nostril along the floor of the nasal passage to posterior wall of nasopharynx. *Tip: Insert swab at least half the distance between the corner of the nose and front of the ear.*
- 4. Rotate the swab gently for 5-10 seconds to obtain epithelial cells.
- 5. Insert swab in vial with transport medium, break off at pre-scored line, and tightly close cap.

### Diarrhea Panel - white eSwab™

If possible, have patient pass loose stool into a clean dry container or provide a diaper containing liquid feces. Otherwise, a rectal swab is acceptable.

**Stool** - Fully rotate the provided sterile swab in stool specimen. Insert swab in vial with transport medium, break off at pre-scored line, and tightly close cap.

**Rectal** - Pass swab tip 1-1.5 inches beyond anal sphincter. Carefully rotate swab to sample anal crypts and withdraw. Fecal material must be <u>clearly visible</u> on swab. Insert swab in vial with transport medium, break off at pre-scored line, and tightly close cap.

### STD3 Panel, CT/NG, Trichomonas - Urine in white eSwab™ vial

- 1. The patient should not have urinated for at least 1 hour. Have patient pass 5-10 mL of first-catch urine into sterile collection cup.
- 2. Use pipette to extract urine from cup and add 1 mL of urine to liquid medium, filling the vial to the red "e".

## BV Panel, STD5 Panel, STD3 Panel, CT/NG, Trichomonas - white eSwab™

- 1. Fully rotate the swab against the posterior vaginal fornix for 5-10 seconds.
- 2. Insert swab in vial with transport medium, break off at pre-scored line, and tightly close cap.

#### PharyngoTonsillitis Panel - white eSwab™

- 1. While keeping the tongue depressed, swab the tonsils, back of the throat, and any other inflamed area.
- 2. Insert swab in vial with transport medium, break off at pre-scored line, and tightly close cap.

#### **Tick-Borne Ehrlichiosis Panel - Whole Blood**

Collect at least 0.5 mL whole blood in EDTA or ACD tube by normal clinical methods.

- Ensure vial is labeled with patient's full name and ID number or date of birth.
- Fill out lab request form, and be sure to include **patient demographic information** and **front/back of insurance card**. For proper billing, please provide **ICD-10** diagnosis code(s).
- Place vial and lab request form in biohazard bag. Refrigerate or keep at room temperature.

# Call Genetic Assays at (615) 781-0709 to arrange for pickup.

Mandatory ICD-10 Codes		
J06.9	Acute upper respiratory infection	
Z20.822	Suspected exposure to COVID-19	
Additional ICD-10 Codes		
J00	Acute nasopharyngitis	
R50.9	Fever	
R05	Cough	
R06.2	Wheezing	
R11.2	Nausea w/ vomiting	

Mar	Mandatory ICD-10 Codes		
R19.7	Diarrhea		
A04.71	Risk for C. diff enterocolitis		
Add	Additional ICD-10 Codes		
R50.9	Fever		
K92.1	Blood in stool		
R10.9	Abdominal pain		
A41.89	Signs of sepsis		

Commonly used ICD-10 Codes		
Z11.3	Screen for venereal disease	
N76.0	Vaginitis & vulvovaginitis	
N89.8	Vaginal discharge	
A60.04	Herpetic ulceration	

<b>Commonly used ICD-10 Codes</b>		
J03.91	Acute recurrent tonsillitis	
J35.1	Hypertrophy of tonsils	
R07.0	Pain in throat	

Commonly used ICD-10 Codes		
R50.9	Fever	
R53.81	Malaise	
A77.40	Ehrlichiosis	